



# CATHETER CARE GUIDELINES

Task	Reviewed Date/Initials	Demonstrated Date/Initials	Comments
1 Assemble supplies.			
2 Greet resident (address by name and introduce yourself).			
3 Provide explanations to resident before beginning and throughout procedure.			
4 Apply gloves before beginning catheter care.			
5 Place incontinence pad under buttocks before beginning procedure.			
6 Apply no-rinse cleansing spray or foam (or use an all-inclusive cleansing wipe).			
7 Use washcloth to clean around the catheter at the insertion site.			
8 Use new wipe for each washing stroke, wiping from front to back.			
9 Cleanse catheter, washing away from body and down the catheter about 3 inches.			
10 Dry entire perineal area from front to back after completing cleansing of each area.			
11 Anchor the catheter comfortably.			
12 Leave tubing coiled on bed without kinks, obstructions, or loops of tubing hanging over the side of bed.			
13 Remove incontinence pad at the completion of procedure.			
14 Clean and store equipment at completion of procedure and leave work area tidy.			
15 Utilize standard (universal) precautions throughout procedure, including hand washing at the beginning and end of task.			
16 Promote resident comfort throughout procedure.			
17 Promote resident rights throughout procedure.			
18 Promote resident safety throughout procedure.			

